**History taking and what we could see in hindsight using Heather’s Gentling Ways**

**Who? Date Sequence of visits**

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| **TIMING** | **EVENT** | **ACTION** | **RESULT** | **2023 – Now thinking?** |
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| **TIMING** | **EVENT** | **ACTION** | **RESULT** | **2023 – Now thinking?** |
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What action now needed??