**I took all I was taught to clinic and developed it on . .**

**with some additions (M) Mercier, (A) Arvigo (HB) Myself (JV) – John Veltheim chiro 1977-9) (GJ) - Gilly Johnson (Brain Gym ish)**

**(GJ) - P.V.  
(GJ) - P.A.C.E.  
(GJ) - Accident recall**

**(HB)** Heart charkra opening

**(HB)** Stuck Liver Qi Release

**(HB)** Chest releasing

**(HB)** Lymph reshuffle - abdominal round and round

**(A)** Diastasis correction

**(JV)** Aortic adhesion breaking

**(HB)** Diaphrammatic release

**(HB)** Inguinal gouging

**(A)** - Upper belly calming

**(A) -** Lower belly flow enhancing

**(JV)** Hiatal Hernia Syndrome correction (often immediately life changing)

**(JV)** Ileo Ceacal valve closing

**(A) -** peritoneal untangling

**(A) –** jelly belly

**(HB)** Chest Gouging

**(HB)** Flank Gouging

**(HB)** Sacral charkra opening

**(HB)** Sacral moxa fan

**(HB)** Sacral adhesion breaking

Most importantly -

**(A)** how to find and after a lot of my work to set it up -

**(A)** correct the ovarian suspensory ligament torsion

PLUS . .

**(M) -** Ovarian wake-up

**(M) -** Uterine rake

**(M) -** inguinal adhesion breaking

**(M) -** Glute gouge

**(M) -** Sacral ligament release

**(M) -** Sit bone release

**(M) -** Pelvic release