**202 - Pelvic Opening**

**Intention -** to teach 1:1or in a 5/6 couples hands-on.

Does not HAVE to be birthing prep but presently is what we start with.

***Name?***

***Intention? (What is for)***

***What is covered?***

***Time required***

***Pre requisites***

***Who is it for?***

***Online component (resources provided)***

***Actual face to face***

***Post course support (online)***

***Tools needed***

***Outcome (What you will be able to do)***

***Pre requisites***

**Any GW practitioners can . .** We do this already 1:1 in clinic - I hope. .

(I will get the teacher's cheat sheets done up)

As dads need feeling/showing.

Hard cover copy of What Dads Can Do  
eBooks -

1 - Cold Damages Your Health

2 - Cold is NOT A Mother's Friend

3 - Moxa Use in Pregnancy

4 - Iodine - ingredient for life

5 - Relieving Aches and Pains in Pregnancy