All of these have substantial online presence – extra course and resources. Intro of the work  
<https://heatherbrucehealing.com/gw-trainings-2022/>

\*Denotes part of the $3,500 AU package – from now on will be $55 US each . .  
FOUR aspects . . as the Gentling Way we are ensuring WE are the first patient and as such, we do extensive work – so we can be CLEAR, CALM and SAFE. I will do up each square so clicking it goes to a separate page to learn all that is in the module.

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| --- | --- | --- | --- |
| **Self** | **Touchie** | **Maternal** | **Pricklies** |
| **\*101** -***Selfing/Challenge –*** learning to gift to US first. Inner cup can only give when overflowing. | **\*201** –  ***Free Your Qi –*** SELF first - we cover the 5 signature steps of Gentling – on ourselves | **\*301** - ***Being Woman*** – an exposee into being gifted a potential baby factory/how to live well as woman | **\*401**- ***Home Help –*** Emergencies – we all need to use our hands & intention to rescue – often ourselves. |
| **\*102 *Self Discovery***  **Unpacking self** - the Inner Library, tools and Ethics – Playing the “Fix It /Me’ Game . ***.***STUCK is actually trauma – held hostage – LET IT GO! | **\*202** - ***Pelvic Opening***  **Can then teach this** – as advertised on ***Opening the Baby Gate* -** AFTER also taken 101/102/301/302/303 | **\*302** – ***WDCD***  Includes the ***Easy Pregnancy Resource*** kit. In time the ***Easy Pregnancy Solutions*** set of eBooks also | **\*402** – ***Practical Prickies*** - To work- self & family. Then we apply to those we love. Actual sharps in action - & why. Need to know basis. |
| 103 ***Self Mastery***  We are all works in progress – here we clear to connect deeply with our ‘upper circle’. | **\*203** ***Reconnecting*** heart /viscera /gut rescues – we delve into broken hearts & repair. Structurally - fascia, scars, adhesions, visceral corrections | **\*303** - ***Mammalian Maternity*** we follow Nature/normal – what her blueprint has in store for all who make babies. | 403 – ***A & P of the energy bodies*** – Deeper into the ‘how’, thus why it works. . |
| 104 - ***Healing the Wounded Healer***  Whatever BROKE you to be called still applies - let us reframe what this means. Different for all. | **\*204** – ***Effective Healing After Surgery/C Sections*** – essential work as C section is a gift that keeps on giving forever. | **\*304** – ***Painless Pregnancy /Easy Baby*** – this is simple as following nature – being a well adjusted/balanced unit first. | 404 – ***Specifics . .*** systems & how to rebalance |
|  | **\*205** – ***Living Ligaments I*** – Womb woes to womb wonders. ***LL.II & L.L.III*** follow on – consolidate all on here first. | 305 – ***Natural Life/Fertility/ Pregnancy/Parenting Guides*** follow on. | 405 – ***Advanced***: we travel through the decades of my R & D – no problem too hard. |