

POST JAB **SECOND DRAFT**

The current life gamble. I did not want to have to write this. I have resisted it for months. All acupuncture points and supplements are suggestions. The jabbed body is no longer is as it was. Blueprint is broken. Corrupted. Who knows what is next? Or even if what is suggested in any/all cases will even help. After my 45 years of studying natural ways to support Nature and life, I hope so. Body is now messed with: forever. As is the medical ‘profession’. They MAY have originally signed on to help. **First, Do No Harm.** Money and power has moved this. Now - no responsibility. In the past - at the merest HINT of a danger, all would cease. This is the opposite of service. All are being MADE to alter their lives and future of humanity. Who seemed to even notice? EMERGENCY is what we have – of sovereignty. Here I document what MAY help. BUT saying NO to all of this is the only way out.

STOP THIS TRAVESTY. Each jab has a different function. None are health enhancing. The general idea is to SHUT the white blood cell production and all (as patented to) install medical devices that manufacture what MAY have helped the initial virus. Forgetting that virus mutates /alters apparently every 10 hours. This is not about health – yours – or anyone’s. Control is the game. Likely there are a lot of emotional issues now. Whether it is cognitive dissonance from past, willful blindness, or the betrayal of what WAS a trusted professional agency, and now the horror of what to do. Saying this is ‘normal’, and that it is ‘all in your head’ or to learn to live with this is NOT GOOD ENOUGH. **First Do No Harm** is gone . You are on your own - and the increasing dependency on the ones that are not able to assist will give you ever more distress as when the Liver Qi is obstructed - ‘stress’ can add in to all of the below.

What is happening	Why?	What to do
Maybe same as before - no reaction	You are given ‘placebo’ as this is an experiment	Be grateful and enhance your health anyway. Follow First Aid below & Life Recipe (CLICK)
Body never the same again.	Is now under control by a deliberate medical device implanted to take over	Inactivate and somehow retake sovereignty See below text.
Headache	Myriad reasons . Lack of what is possible to run a body - invaded by what is highly toxic.	Depends - if NOT a headache person – will be worse.
Vague body aching	Stuck Liver Qi and damp likely	Move the Qi
Cloudiness/fog/can’t focus	DAMP	Paint on topical iodine
Cold/can’t warm up	Yang Qi (CLICK) is overcome	Pull out cold/rescue the yang
Itching – all over/rash or local	Wind	Clear the Heat /toxins that created this
Extreme lethargy	Body is attempting to fix this mess	Rest and add in what may help

What is happening	Why?	What to do
Sudden feeling of cold with shivering/shaking +rise in temperature, often with sweating,	Yang Qi (body's protective function) is under attack, and dropping normal functions	STOP all normal activities. Attempt to assist your body to correct this. This is REAL
Random sharp traveling pains	Wind invasion (with heat)	Clear what is presenting: cold/ wind? Heat?
Weird sensations - local	Invasion – clear attacker	See First Aid bottom of this document
Weird sensations – same/different places	Traveling wind.	Clear what is creating the problem
Pain at jab site	Stuck – body invaded.	Clear stuck
Severe unrelenting pain - anywhere	Severe – body warnings. MUST listen & fix.	Find someone who cares/ knows what to do
Fainted	Life attack. Shen has temporarily gone AWOL	Rescue: GV 26 – grind in finger nail. Press firmly into Sp 3 AND if really bad KI 1
Headache - violent	Heat from toxins rising up – LIVER upset	Clear Heat, toxins, wind
Rashes	See itching.	Heat/wind - horror reaction of inner & gut
Tremors	Wind/magnesium depletion – Glutathione Neurological? Vit D3 – 50,000 iu daily. (CLICK)	MUST resolve. Neurological attack.
Paralysis – of part, or all of the body	Next stage on – see PP 138-9 in WDCD	Flood system with Vit D3 & Vit C/ glutathione
GBS – Gulliane-Barre Syndrome	Is due to being jabbed and reaction – is usually to aluminium or mercury in it. CNS attack	Find someone who knows how to help – is OUTSIDE Western medicine as they are playing dumb. See First AID.
Chest pain	Trouble brewing – maybe Mag and Selenium will help? Both needed to make Glutathione	Press rescue points - & Pc 6 – pump it. Also Pc 4 . Maybe able to reduce what next.
Heart arrhythmia	Adds onto above.	As above
Myocarditis/pericarditis	Permanent heart muscle damage – eventual early death – lack of life quality assured.	Access rescue kit. Topical magnesium x 20 daily: at least. Find a health enhancing worker who knows more than crisis managing. See here (CLICK)
Clotting disorders	As designed to do	See FIRST AID
Random bleeds	Same – connective tissue degeneration	As above.
Menstrual irregularities	As designed to: we are all different: those with already not perfect - most afflicted.	Maybe sharp fingernail pressure on Sp1 may help - BUT this is a reaction.

What is happening	Why?	What to do
Infertility – sperm esp	Designed for this.	No idea. How is a baby to be made well now?
Miscarriage	Designed to mess with all blood clotting processes – placenta?	As above. Normal miscarriage processes may not work.
Still birth	Anti life measures taken are playing out.	No idea – except over nutrition as per my usual easy babies information.
Damaged/made wrong babies	As above	As above
Herpes/shingles outbreaks	Immune system under attack. Made with these viral compounds – transmission also to others?	Usual MAY work – strong anti-virals – esp herbal with LYCINE ,V it C and D3 featured.
Immune system seems sluggish	As above	As above - open for all comers - HIV
SARS-2 caught and now ill	An expected' side effect' as this is not a vaxx.	See FIRST AID
Previously in remission - return of cancer	Immune system in slow mode – forever after A possibility if you do no more shots - MAYBE	Find someone who has natural health as their scope of practice
Body and life as you knew it - gone	You may come good. This inner– rapid aging.	Work with what is happening
Sudden death	Body gives up	THE END

I have used acupuncture terminology, as I am a naturopath, and an energy worker. I am deeply concerned at the lack of interest in recovery. **HEALTH** - my definition - ABILITY TO ADAPT TO CHANGE. It is likely that you know that you were not in a state of actual health to begin with. This job is designed to take over. It has. It will worsen when what is to trigger the changes. it is within you for – are TURNED ON – this is not all there is. DO NOT ADD IN MORE OF WHAT IS AGAINST LIFE – (YOURS).

ME – my scope of practice - LIFE and Health retrieval.

MEDICAL WORKERS – crisis management. When there are pharmaceuticals to match what you have. Very small/ lesseningly useful tool box.

YOU will HAVE to start taking responsibility. [See R.I.C.E. \(CLICK\)](#).

WHAT IF THOSE YOU TRUST ARE ACTIVELY CAUSING THE PROBLEM?????

MEDICAL PROFESSION is being told what to do very obviously now. No hiding what has infiltrated since the [Flexnor Report – in 1911. \(CLICK\)](#) being less than honest, caring, aware – and is ignoring all in plain sight. No protocol – pretend that it is NOT happening and that you are imagining whatever is happening. Regardless of the reality in front of them. NOT incredibly rare. You may see this. YOU take charge. Your life.

FIRST AID – FOR LIFE

You wear all consequences. Acknowledge that you are under attack. You have to rid your body of what it is reacting to. You were (told untruths) to become jabbed. You are now contaminated. Now you have alien presences within. This may not let up. YOU need to minimise effects. Do NOT REPEAT this. You are imagining NONE of what is happening, You did not expect, and do not want. If you choose to get angry, this will get in the way. Take charge. You may have time to react later. Survival first. You are in the fight of your life. Allow the best and only the best fuel and medicine (food) to assist you. Expensive? Yes. Are YOU worth it? Is life? Can it be repaired? Your choice. Choose NO alcohol or anything (esp caffeine/chocolate) that stresses the liver organ – it is working to save your life.

- 1 - *Drink much more water.* And only this. At least 3 litres daily – not from the tap, and at BODY temperature is best. You now need more.
- 2 - *NO sweet taste anything.* Sweet is inflammatory . As are all grains and alcohol. CHANGE what you think is food. Not as a reward – you need the bitter, pungent and sour tastes – and salty – to enrich the organs and their functions. Only actual food - not taste titilators.
- 3 - *Get in the sun* and every day in summer – at noon – 10 minutes front and back – happiness hormone – essential for life
- 4 - *No processed foods/fluids.* Every chemical MUST be removed from your intake and environment to lessen the body burden you already carried prior to this invasion.
- 5 - *Eat at least NINE cups of coloured veggies daily.* Real nutrient dense, , simple ingredients to repair/remake YOU. Organic and colourful.
- 6 - Go off as many past medical ‘helpers’ as possible. Especially the statins – and look to food as your medicine – it will amaze you
- 7 - *Seek a natural health care professional* to assist with this not a medical one – health is NOT their scope of practice.
- 8 - *Get the Glutathione **accelerator** – **only this one (CLICK)**.* Not the actual glutathione – your body breaks it up in the stomach - cannot use it.
- 9 - Slather on topical magnesium, if possible **TWENTY TIMES** when in emergency – more. IV Vit C, D, B and **magnesium (CLICK)**.
- 10 - Orally - small amounts **Vit C (CLICK)** all day – a little. Water and **selenium (CLICK)**.

SARS – 2 – is not that dangerous. Being inattentively managed is. Especially if left till near death as all were - then ventilated and not given proper treatment – or preventatives - or being in a good start (when exposed). As all things – It Depends. We are all different. I had the Alpha strain at the end of 2019 and I am still here. My being ‘older’ (more runs on the board also – wisdom, and life long immunity to all sorts – including the SARS -1 as I saw so many with this, swine and bird flus etc – I was surprised to get this. having a long standing heart issue. - I knew when it hit that I was so fortunate have gotten myself OFF the cardiac medication that I had been in for 18 years. I HAD been looking myself to heal. **Not to stay ill.** NO inflammatory foods/fluids, plenty of juices, exercise, love etc. **LIFE thrives - when handled with care.**