Gentling Way - what why how

Heather Bruce 2021

The current life gamble – what to expect??? Incomplete – first draft. I did not want to have to write this. I have resisted it for months. Who else will, if I do not? We all have our tasks. All acupuncture points and supplements are suggestions – the body is no longer is as it was to be. Blueprint broken. Corrupted. Who knows what next? Or if what is suggested in all cases will help. After my 45 year of studying natural ways to enhance life – I sincerely hope so.

POST JAB

What is happening	Why?	What to do
Maybe same as before - no reaction	You are given 'placebo' as this is an experiment	Be grateful and enhance your health anyway.
Body never the same again. sudden feeling of cold with shivering/shaking +rise in temperature, often with sweating, headache	Is now under control by a deliberate medical device implanted to take over	Inactivate and somehow retake sovereignty See below text.
Itching – all over/rash or local	Wind	Clear the Heat /toxins that created this
Extreme lethargy	Body is attempting to fix this mess	Rest and add in what may help
Pain at jab site	Stuck	Clear stuck
Fainted	Life attack	Rescue: GV 26 – grind in finger nail. Press firmly into Sp 3 AND if really bad KI 1
Headache - violent	Heat from toxins rising up – LIVER upset	Clear Heat, toxins, wind
Rashes	See itching.	This is an expression of horror from your gut
Tremors	Wind/magnesium depletion – Glutathione emergency	MUST resolve. Neurological attack.
Paralysis – of part, or all of the body	Next stage on – see PP 138-9 in WDCD	Flood system with VitD3 & VitC/glutathione
GBS – Gulliane-Barre Syndrome	Is due to being jabbed and reaction – is usually to AI or Hg in it. CNS attack	Find someone who knows how to help – is OUTSIDE Western medicine as they are playing dumb. Not sure about this version.
Chest pain	Trouble brewing – maybe Mag and Selenium will help?	Press rescue points - & Pc 6 – pump it. Also Pc 4. Maybe able to reduce what next.

Gentling Way - what why how

Heather Bruce 2021

Heart arrhythmia	Adds onto above.	As above
Myocarditis/pericarditis	Permanent heart muscle damage – eventual early death – lack of life quality assured	Access rescue kit. Topical magnesium x 20 daily:at least. Find a health enhancing worker who knows more than crisis managing
Clotting disorders	As designed to do	
Random bleeds	Same – connective tissue degeneration	As above.
Menstrual irregularities		Maybe sharp fingernail pressure on Sp1 may help - BUT this is a reaction.
Infertility – sperm esp	Designed for this.	No idea. How is a baby to be made well now?
Miscarriage	Designed to mess with all blood clotting processes – placenta?	As above. Normal miscarriage processes may not work.
Still birth	Anti life measures taken are playing out.	No idea – except over nutrition as per my usual easy babies information.
Damaged/made wrong babies	As above	As above
Herpes/shingles outbreaks	Immune system under attack. Made with these viral compounds – transmission also to others?	Usual MAY work – strong anti-virals – esp herbal with LYCINE ,V it C and D3 featured.
Immune system seems sluggish	As above	As above - open for all comers - HIV
SARS-2 caught and now ill	An expected' side effect' as this is not a vaxx.	
Previously in remission - return of cancer	Immune system in slow mode – forever after A possibility if you do no more shots - MAYBE	Find someone who has natural health as their scope of practice
Body and life as you knew it - gone	You may come good. This inner- rapid aging.	Work with what is happening
Sudden death	Body gives up	THE END

FIRST AID - Drink so much more water. Get Glutathione accelerator – <u>only this one (CLICK)</u> – not the actual glutathione – your body beaks it up in the stomach and does not use it. Increase all greens/coloured veggies. NO sweet taste/sugars/alcohol/anything (esp caffeine/chocolate) that stresses the liver organ – it is working to save your life Slather on topical magnesium, give UIV Vit C and take orally all day – a little. Water and selenium