

Name Melissa, Port Douglas

Date 18th October

At sea – she has tried all she can – and I remembered her speaking of this when we visited soon after the start of all of this. She went to a hot springs event. (Got ‘infected with a parasite?’) – with 3 new hoped for friends - hippish gathering,. But after such hope/‘all eggs in one basket’ – she could not get away fast enough. This is a boundary issue - as you will read about in 2nd session – our early life sets us up. Having seen Melissa over many years – she is very gushy/can be over the top. Eventually after her trying all natural ways – she went on a 10 day fast – and days 5/6 poohed out SO MUCH BLACK. A recent lymphatic drainage – too deep – really hurt for 5 days after – and castor oil packs hurt, topical iodine burns – and can’t breathe/live/no hope. Doing all she knew to do – not steaming though. Past desperate. Needs to live. Knows that the new job at Post Office she started a week after this – is in danger – as all are jabbed.

WHAT I DID	WHY	WHAT HAPPENED
Tuned into her weakness/hopelessness	Normal – not what is happening – return to	Focus
Felt her belly – massive lump	? GP wants CAT scan – U.S. inconclusive	My intention - undo its instructions
Pressed points – saw tongue	Need to know where our goal posts are	Large explosion of expletive – not her usually
Round and rounds	Initial clearing	Vasty improvement immediately
Shock point /Liver 2	Covering the schedule – she must be shocked	Gradual undoing of ‘tension’
Much Reiki/loving touch	Hands turned on when jiggle/jiggle on hips	Massive shifts – there a long time
Moved to liver/spleen – back to hips	Needed to move myself (look after self)	Ever more undoing – a life worth happening
Onto lump	Felt directed to .. .	There ages also – she felt it going
NOTE – this is the ‘magic’ of some of us	We are tenderers – and care excessively	My hands did what hers could not
Went with the flow of the breath & warmth	This took a long time – as so shattered!	She kept leaking tears of gratitude & relief
Shock Kiiko point – R St 24 & Liv 2	We all are in a state of shock/frustration	Undoing – and points no longer sore at all
Gentle rounds and lymph work	Assessing what will move the STUCK	Vastly instantly reduced/stable but softer
Ear points: Liv yang/neck points/what called	When ‘too hard’ - big guns needed	More relief – esp neck
More belly work /soft lymph/Reiki	Long time stuck	Slowly letting body go
Offered water	Working the lymph – needs to	Gratitude - LOST PLUMSTONE throat (SLQ)
Reminded her to breathe into belly deeply	Not able to before – all hurt too much	Ever more open and easier
Poked SP 8 – Xi Cleft – or Sp 4 (MP Chong)	??Blood in gut - my own cancer revaluation	Not congested
Liver 14 – and GB 24 – extra point NOT sore	To soften Liver Qi	Continual improvements
All sore upper sternal points - & Ki 27/25	To come home to self	As above

WHAT I DID	WHY	WHAT HAPPENED
Constant lymph clearing /round belly	Me - not happy that it is still there.	Reduction of lump
Got her up to move around	Clear all we can	She is looking more as she used to be
Across back SLQ area after heart chakra	Free Qi/spirit	Breathing better
Gentle chest & flank gouge	Open chest	Deeper breathing
Calming points – 2nd run Yin Shu	Let what can untangle itself	Allowed her to cope with sore butt points
Sore sacral & 5 x bil GB 30 - 3 inches	Get Qi to move/esp all STUCK	Got much more present
Much talking and making sense of	Need to get why in this mess – ‘instructions’	Less anxious /freaked out
More clearing moves – gouges etc	Needles soften so we could	Constant gratitude
Lay on back – Ki 9	Clear out what ever toxins	Painful one most reactive in
Sat up to undo neck – various acup points	Structure determines function	So much more deep breathing
Calmed the Shen . .and undid the enraged beast turned upon self. Was so worried about dying I think (GP etc)	Nocebo – their job to ‘rule out cancer’ no idea of what/why things happen	She got ever more disturbed and has a husband who is a ‘man’s man’.

After session – So much relief, tummy (aorta thumping – **disappeared entirely next day**) Free and gentle in belly. Has had no appetite – esp after the fast . . Wonderful sleep = no Valium. Felt exhausted. Actually went to work – but felt ‘done in’ half way through.

This was a massive 2 hour session – as she went from hopeless to relieved.

A lot was moved on.

Hope restored.