

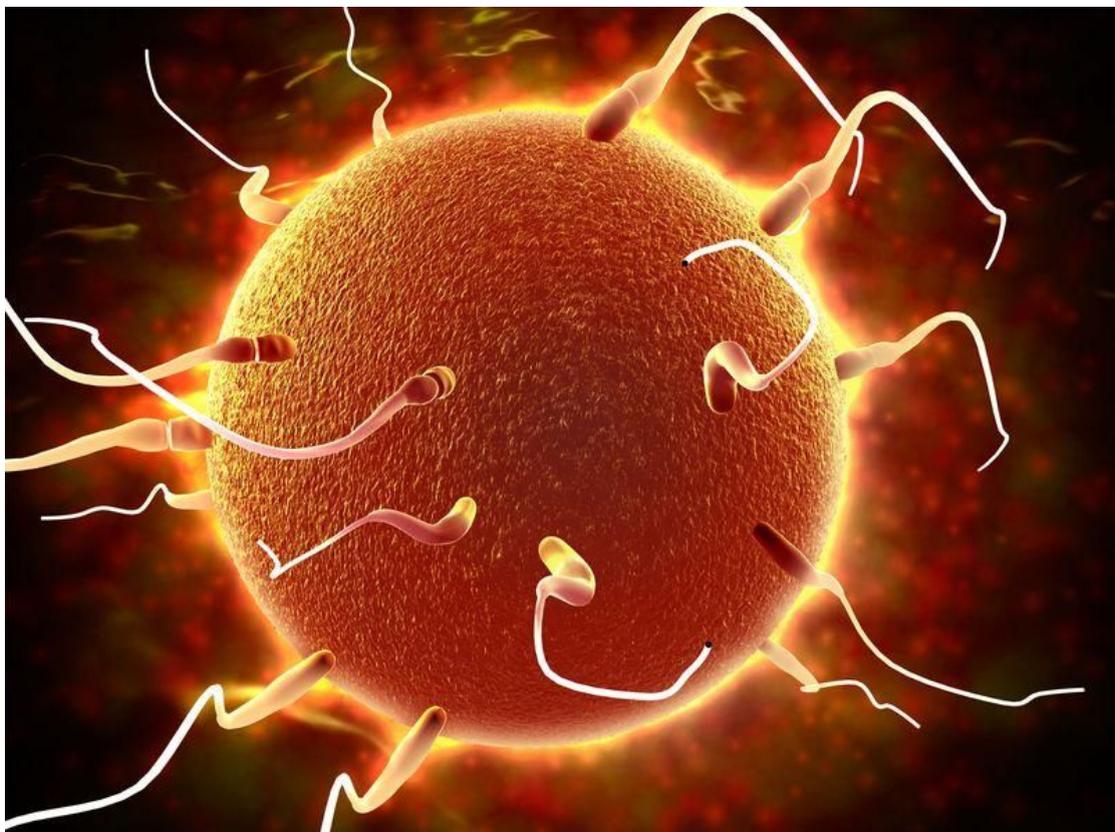
7 - After Early Pregnancy Loss

What next?

Find out why ...
And fix that.

She is more fertile after pregnancy loss than ever before – IF you were well to start with. Go again . . I say – if you were both well and in the best state you had been. With the knowledge now gained of what lies before in this work and with all the resources that could be made available [here](#) and [here](#) (a reminder that his health makes half the baby) and the ingredients and the structure all happy – see more here. <https://easybabies.heatherbrucehealing.com/making-new-families/> Invariably the body in its wisdom has jettisoned goods deemed to not be Survival of the Fittest.

Sperm factors. .



Please watch '[The Great Sperm Race](#)' – a BBC doco – is like 'Lord of the Rings' – for sperm. You will see how nature tries to weed out those which are NOT good enough for the egg and the project of making another person. Why do those in artificial reproductive technologies /IVF think it knows best???

The massive natural culling that must take place if we want to make someone who is worthy of the effort that the mother's body must develop and mature in order to even make an appearance – let alone make their own offspring eventually.

Nature intend only the best . . and forcing anything – or 'trying' to get pregnant is not that. Get real . . the ones that have no clues about sustainability – or even wellness or health enhancement have their hands in the till.

They tell you what your gut says 'NO' to and your training/education/ schooling /being 'ganged up upon' if you don't upbringing - in being compliant says – they know best. 'More research needed' is a great clue to STOP listening. Go back to elder wisdoms and farming and what got us to here. Common sense used to rule.

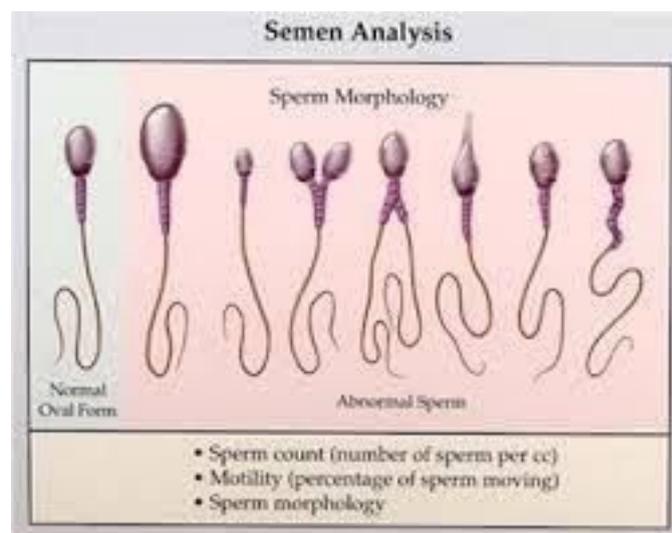
Stop and think – you are here. . No baby . . .

Regardless of the most dire prognostations about your genetic load – why not become as well as you can be?

And get your health report done?

See more here – Jing Markers . . . this is NOT a blood test or an age indication. It is a HEALTH one. When some one knows how to read these clues is being very clear. Her period and his sperm along the way are loosely letting you know possibilities – is the Baby Factor in god repair? Or broken?

Check out all these apparently unrelated expressions of life force. (The ones who say 'we don't know' in almost all 'why does this happen'? questions you ask of them – or online – as the instructions/energy signature of the ways of the energy that directs the physical are not their department.



So – if he has these. .

He needs to get serious. See more here

<https://easybabies.heatherbrucehealing.com/male-bbt/>

<https://easybabies.heatherbrucehealing.com/>

To rule him 'out-ish' please get one right now – in the grieving stage as the sperm let go today was made at least 3 months ago. The semen nourishing it is in a state of could be better instantly – were he to take the trouble that she (you??) may have been all the way through.

Nature has said – NO and the warning is out there – do this again at your peril.

What created this miscarriage needs resolving prior to going again.

If you are driven by what I call the 'middle circle' (below) – the personality and its wants/desires/needs to be/not wanting to know/hope that 'it is NOT me' – where is the responsibility to your as-yet-unborn family - YOU get to change their architecture and even beingness when you **Wake Up** to the fact that unlike what the 'health ' professionals say – you can totally alter what has happened – especially if it is a 'genetic' issue. See about Jing here.

That is [Jing](#) and this is healing as you alter what you are doing/being.

.. and the ideology of the dominant discourse/reality' around you – no with time to maybe stop and take stock.

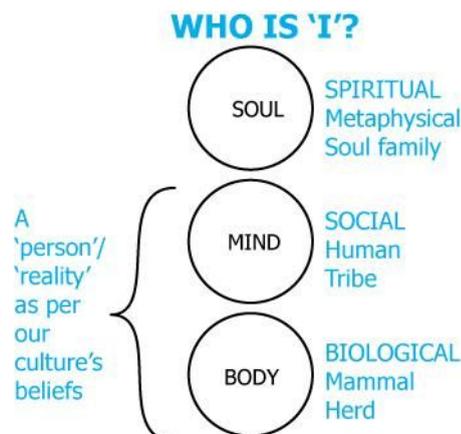
Were you a farmer the dud stud/crazy pasture/stressed herd would have warned him of the likely bankrupting of the farm and future.

You may have (up until now) missed that warning as tends to be all with a hand in your pocket and through out the media shoring this up – tell you – time is 'of the essence'. NO - Jing is the essence.

Then the garden /nest you grow your precious flower in.

What state both? You are both in charge of your futures. If HE does not man up and see what [he is bringing to the party](#) (and this is only going to wreck your couple future as she has an inner accounting system in place) and you are not in the biological race once you dig your heels in.

Look at these circles – her biology has taken her over.



'You' know this.

Whatever plan 'you' (**middle circle**) had for 'your' life – now you have been 'maybe' parents – she has the **bottom circle** to contend with.

She may never have even believed pregnancy a possibility/or ever wanted this. Now it has signaled 'maybe' this may rule the rest of your lives together. AT LEAST see if it were a fluke.

The **upper circle** – the soul of the ones - to come through maybe have conspired to get 'you' to now.

'You' (**middle circle**) never were 'in control'

Colossal impact

In NOT living in this real world – your new reality – a lot of subterranean messages being sent – and a lot of angst as her arms/your lives are empty.

Mammals mate and make more

You have not.
Why listen to all the excuses ?
No limitations – or you will get what you have so far.
Mind set change needed.

GO for it.
What do you have to lose?

Quite a lot – and unless you deal with the underlying reasons why you are acting less than with integrity, this will get worse. What do YOU (each partner) want?

It is likely different – otherwise you would BOTH have been full steam ahead and have all taken all the ways and means to make yourself in the best Baby Ready state already.

Do you leave – buying a phone/a car/building a house up to the chance you have so far? Following what the doctor says – when they are not health care practitioners was the first mistake.

Not getting as well as you could be at least a year prior – the second. Believing that it would just all work is high there also. Telling yourself that anyone can – when you have not – is not working.

Genetic mishaps in your testing/family?

Maybe there is ‘something’ that holds you back now.
Fix them – why believe that with healthy changes you cannot let Nature win – what are you to lose?

You are here. .
You can be so much better – it is all a matter of better ingredients biologically available and read to be used in a body that is freely flowing and has the structure where it is to be to allow the very best.

Life has happened – please get up and get on with it .

Healing involves change.
What is needed?
Likely an entire life overhaul.

Your babies awaiting need you to do this.

Unusual question . .

What was the gift of this miscarriage/loss of a dream?

The future awaits . .

What do you propose to do with it?



Healing is not only getting her body back to periods perfect.

How does she live with the others who are breeding?

How do you (the guy) live with her - as she does not seem to ever stop grieving?

Or 'harping on' about going again?

Get with biology – unless one of you is going to get snipped/sterilized this is likely to be a barrier forever after.

In my 40+ years of being involved in peoples' "after stories" I know the best thing is to Get Back On The Horse. Or get snipped so it is NO LONGER in the picture.

Steps both of these pages lead you into more in-depth self help (online courses).

[Life Recipe](#) – are you even on this page?

[Life Rescue](#) – a great reminder that we have more than the middle and bottom circles - where is your soul and what would you listen to?

Is this not enough of a Wake Up call?

Or – you can throw more money away to those who whisper in your ear - too old/not good enough/all too hard/pick us and our . . . whatever clinic/therapy.

You are the future – make it happen.

Find someone local who cares to walk this road with you – continuity of care is the best parenting option – natural and grandmotherly/elder wisdom full.