

Name Melissa, Port Douglas

Date 18th October

At sea – she has tried all she can – and I remembered her speaking of this when we visited soon after the start of all of this. She went to a hot springs event. (Got ‘infected with a parasite?’) – with 3 new hoped for friends - hippish gathering,. But after such hope/‘all eggs in one basket’ – she could not get away fast enough. This is a boundary issue - as you will read about in 2nd session – our early life sets us up. Having seen Melissa over many years – she is very gushy/can be over the top. Eventually after her trying all natural ways – she went on a 10 day fast – and days 5/6 poohed out SO MUCH BLACK. A recent lymphatic drainage – too deep – really hurt for 5 days after – and castor oil packs hurt, topical iodine burns – and can’t breathe/live/no hope. Doing all she knew to do – not steaming though. Past desperate. Needs to live. Knows that the new job at Post Office she started a week after this – is in danger – as all are jabbed.

WHAT I DID	WHY	WHAT HAPPENED
Tuned into her weakness/hopelessness	Normal – not what is happening – return to	Focus
Felt her belly – massive lump	? GP wants CAT scan – U.S. inconclusive	My intention - undo its instructions
Pressed points – saw tongue	Need to know where our goal posts are	Large explosion of expletive – not her usually
Round and rounds	Initial clearing	Vasty improvement immediately
Shock point /Liver 2	Covering the schedule – she must be shocked	Gradual undoing of ‘tension’
Much Reiki/loving touch	Hands turned on when jiggle/jiggle on hips	Massive shifts – there a long time
Moved to liver/spleen – back to hips	Needed to move myself (look after self)	Ever more undoing – a life worth happening
Onto lump	Felt directed to .. .	There ages also – she felt it going
NOTE – this is the ‘magic’ of some of us	We are tenderers – and care excessively	My hands did what hers could not
Went with the flow of the breath & warmth	This took a long time – as so shattered!	She kept leaking tears of gratitude & relief
Shock Kiiko point – R St 24 & Liv 2	We all are in a state of shock/frustration	Undoing – and points no longer sore at all
Gentle rounds and lymph work	Assessing what will move the STUCK	Vastly instantly reduced/stable but softer
Ear points: Liv yang/neck points/what called	When ‘too hard’ - big guns needed	More relief – esp neck
More belly work /soft lymph/Reiki	Long time stuck	Slowly letting body go
Offered water	Working the lymph – needs to	Gratitude - LOST PLUMSTONE throat (SLQ)
Reminded her to breathe into belly deeply	Not able to before – all hurt too much	Ever more open and easier
Poked SP 8 – Xi Cleft – or Sp 4 (MP Chong)	??Blood in gut - my own cancer revaluation	Not congested
Liver 14 – and GB 24 – extra point NOT sore	To soften Liver Qi	Continual improvements
All sore upper sternal points - & Ki 27/25	To come home to self	As above

Constant lymph clearing /round belly	Me - not happy that it is still there.	Reduction of lump
Got her up to move around	Clear all we can	She is looking more as she used to be
WHAT I DID	WHY	WHAT HAPPENED
Across back SLQ area after heart chakra	Free Qi/spirit	Breathing better
Gentle chest & flank gouge	Open chest	Deeper breathing
Calming points – 2nd run Yin Shu	Let what can untangle itself	Allowed her to cope with sore butt points
Sore sacral & 5 x bil GB 30 - 3 inches	Get Qi to move/esp all STUCK	Got much more present
Much talking and making sense of	Need to get why in this mess – ‘instructions’	Less anxious /freaked out
More clearing moves – gouges etc	Needles soften so we could	Constant gratitude
Lay on back – Ki 9	Clear out what ever toxins	Painful one most reactive in
Sat up to undo neck – various acup points	Structure determines function	So much more deep breathing
Calmed the Shen . .and undid the enraged beast turned upon self. Was so worried about dying I think (GP etc)	Nocebo – their job to ‘rule out cancer’ no idea of what/why things happen	She got ever more disturbed and has a husband who is a ‘man’s man’.

After session – So much relief, tummy (aorta thumping – disappeared entirely next day) Free and gentle in belly. Has had no appetite – esp after the fast . . Wonderful sleep = no Valium. Felt exhausted. Actually went to work – but felt ‘done in’ half way through. This was a massive 2 hour session – as she went from hopeless to relieved. A lot was moved on.