

Living Duality

To come into the third dimension, we descend through the mamalian wrappings/
cellular and racial memories to be programmed through fear responses on all
levels, enhance chances of survival within in this dense environment

Fear Based Reality

Betrayal

Service to Self as the only one to be
trusted (on all levels). Sense of self
preciousness.

Retribution

Focus on personal gain at the expense of
others (getting ahead).
Focuses on problems/difficulties

Control

Need to control all aspects through fear of
"... " brought about by a sense of aloneness.
Rationalising into self beliefs of specialness
and being beyond universal laws, hence
"above" others

Separation

Spirit

Soul infused personal able
to merge these two

Social EGO

Biology

Sense of 'self' as defined by
how others relate to/with us

Personal self as defined by societal presets.

Inner programs that trigger us into or the others sides of being.
Cycle triggering off (1) Inner strength issues and (2) External judgements
into

Love Based Reality

Connectedness

Service to others as knowing all are one

Inclusion

Focus on common good,
knowing self contained in all.
Seeing different good in all.

Relatedness

Cooperation/ unity/self as an integral
component of a wider community

Belonging