

## The Arvigo Techniques of Maya Abdominal Therapy™ Case Study Reporting Form – Initial Session

Practitioner's Name Reason for Visit Presenting Symptoms  Initial Findings:  Upper abdomen Lower abdomen Uterine position Sacrum Hips: inferior/superior Hips: anterior/posterior Coccyx Hortence's point  Initial Treatment: PCT Guidelines applied: yes no If not, omit the following: Other Treatments (if utilized): Self care massage taught: yes no If not, state rationale.  Supportive Therapies may be used to enhance the MAM bodywork. Check the ones you recommended to your client.  Herbal remedy(ies) Castor oil pack Vaginal steam Faja Meditation Diet Exercise  Client response/experience to treatment session: Practitioner's self evaluation of session: Plan for follow-up: Additional comments (if needed):				Male Female
Initial Findings:    Findings   Comments	Reason for Visit			100.3
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Upper abdomen  Lower abdomen  Uterine position  Sacrum  Hips: inferior/superior  Hips: anterior/posterior  Coccyx  Hortence's point  Initial Treatment: PCT Guidelines applied: yes no If not, omit the following:  Other Treatments (if utilized): Self care massage taught: yes no If not, state rationale.  Supportive Therapies may be used to enhance the MAM bodywork. Check the ones you recommended to your client.  Herbal remedy(ies)  Castor oil pack  Vaginal steam  Faja  Meditation  Diet  Exercise  Client response/experience to treatment session:  Practitioner's self evaluation of session:  Plan for follow-up:	Initial Findings:			
Lower abdomen  Uterine position  Sacrum  Hips: inferior/superior  Hips: anterior/posterior  Coccyx  Hortence's point  Initial Treatment: PCT Guidelines applied: yes no If not, omit the following:  Other Treatments (if utilized): Self care massage taught: yes no If not, state rationale.  Supportive Therapies may be used to enhance the MAM bodywork. Check the ones you recommended to your client.  Herbal remedy(ies)  Castor oil pack  Vaginal steam  Faja  Meditation Diet  Exercise  Client response/experience to treatment session: Practitioner's self evaluation of session: Plan for follow-up:		Findings	Comments	
Uterine position  Sacrum  Hips: inferior/superior  Hips: anterior/posterior  Coccyx  Hortence's point  Initial Treatment: PCT Guidelines applied: yes no If not, omit the following:  Other Treatments (if utilized): Self care massage taught: yes no If not, state rationale.  Supportive Therapies may be used to enhance the MAM bodywork. Check the ones you recommended to your client.  Herbal remedy(ies)  Castor oil pack  Vaginal steam  Faja  Meditation  Diet  Exercise  Client response/experience to treatment session: Practitioner's self evaluation of session: Plan for follow-up:				
Sacrum  Hips: inferior/superior  Hips: anterior/posterior  Coccyx  Hortence's point  Initial Treatment:  PCT Guidelines applied: yes no If not, omit the following:  Other Treatments (if utilized):  Self care massage taught: yes no If not, state rationale.  Supportive Therapies may be used to enhance the MAM bodywork.  Check the ones you recommended to your client.  Herbal remedy(ies)  Castor oil pack  Vaginal steam  Faja  Meditation  Diet  Exercise  Client response/experience to treatment session:  Practitioner's self evaluation of session:  Plan for follow-up:				
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Vaginal steam  Faja  Meditation  Diet  Exercise  Client response/experience to treatment session:  Practitioner's self evaluation of session:  Plan for follow-up:	Herbal remedy(ies)			10 1 1 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2
Faja  Meditation  Diet  Exercise  Client response/experience to treatment session:  Practitioner's self evaluation of session:  Plan for follow-up:	Castor oil pack			
Meditation  Diet  Exercise  Client response/experience to treatment session:  Practitioner's self evaluation of session:  Plan for follow-up:	Vaginal steam			
Diet  Exercise  Client response/experience to treatment session:  Practitioner's self evaluation of session:  Plan for follow-up:	Faja	aldensajeles		
Exercise  Client response/experience to treatment session:  Practitioner's self evaluation of session:  Plan for follow-up:	Meditation	Disturbed gldagostala/in_	90Y1 0W	
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