



Which Minute? (answering - 'where does my day go?')

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
12 – 12.30am							
12.30 – 1 am							
1 – 1.30 am							
1.30 – 2 am							
2 – 2.30 am							
2.30 – 3 am							
3 – 3.30 am							
3.30 – 4 am							
4 – 4.30 am							
4.30 – 5 am							
5 – 5.30 am							
5.30 – 6 am							
6 – 6.30 am							
6.30 – 7 am							
7 – 7.30 am							
7.30 – 8 am							
8 – 8.30 am							
8.30 – 9 am							
9 – 9.30 am							
9.30 – 10 am							
10 – 10.30 am							
10.30 – 11 am							
11 – 11.30 am							
11.30 am – 12 noon							
12 – 12.30 pm							
12.30 – 1 pm							
1 – 1.30 pm							
1.30 – 2 pm							
2 – 2.30 pm							
2.30 – 3 pm							
3 – 3.30pm							
3.30 – 4 pm							
4 – 4.30 pm							
4.30 – 5 pm							
5 – 5.30 pm							
5.30 – 6 pm							
6 – 6.30 pm							
6.30 – 7 pm							
7 – 7.30 pm							
7.30 – 8 pm							
8 – 8.30 pm							
8.30 – 9 pm							
9 – 9.30 pm							
9.30 – 10 pm							
10 – 10.30 pm							
10.30 – 11 pm							
11 – 11.30 pm							
11.30 pm – 12 am							