

Symptoms of Chronic Mercury Toxicity

HOW IS THIS POSSIBLE? Mechanisms.

Mercury Poisoning (in combination with so much of modern life) depletes glutathione, the main antioxidant and detoxifier throughout the body, thus making it harder to detoxify anything else, and making the person more vulnerable and “chemically sensitive”.

Mercury will act synergistically with other heavy metals such as cadmium (used in dentures and root canals), lead, iron, copper, etc. We must get rid of all of these should we want to gain any semblance of health. As a natural health care provider over the past 4 decades I have observed an appalling increase in all things that were strange and almost uncommon.

Even the term – ‘autistic’ was not known when I started in practice. In 1978!

Our body stores [mercury](#) as it can't process it well. In all cells – but especially the nerve/fat and heart cells. Mercury excretion itself is blocked by the presence of aluminium. Newborn liver and kidney organs are not made to deal with any toxic residue let alone what is gifted to them ([fetal mining](#)) mum as she makes them - and as her body finds a pathway out – straight into vulnerable being made new generation.

[Aluminium](#) is found in life all around us now – and not only injected where it does the most harm – straight mainlining - with [Polysorbate 80](#) past the blood/brain barrier. Found extensively in vaccines as in a lesser problem – also in so many food storage and preparation modes of ingestion – as well as directly in drugs. The combination of these two leads to a situation where especially neurologically we are all getting ever faster inner body distress.

The corruption/ contamination in our [Glutathione](#) pathways means we age and lose this battle faster.

MENTAL AND NEUROLOGICAL:

The surge in ‘oppositional defiant’ behaviours. All ages. Rage. Inability to concentrate, insomnia, dizziness, migraine and other headaches, forgetfulness, emotional instability, irritability, unprovoked anger, fearfulness, anxiety, nervousness, panic attacks, exaggerated response to stimuli, electrical sensitivity, insomnia, tremors/trembling of hands, feet, lips, eyelids, or tongue, ataxia (clumsiness), vision problems, hearing problems and deafness, shakiness or tremors, trembling, shivering, numbness, facial paralysis, loss of self confidence, shyness, withdrawal, timidity, easily embarrassed, electrical

sensitivity, drowsiness, indecision, depression, mood swings, a feeling of being disconnected, suicidal tendencies, damages blood-brain barrier.

Mercury toxicity is considered a factor in causing Multiple Sclerosis, ALS (a.k.a. Lou Gehrig's disease, motor neuron disease), Parkinson's disease, Alzheimer's disease, and autism. Mercury blocks glutamate re-uptake, makes excito-toxins such as MSG and aspartame (a.k.a. Nutrasweet) even more dangerous. Mercury is more neuro-toxic than lead, cadmium and even arsenic and acts in synergy with such other toxins.

ORAL CAVITY:

Bleeding gums, metallic taste, foul breath, burning sensation in the mouth, excessive salivation, ulcers in the mouth, leukoplakia (white patches), oral lichen planus, Bell's palsy, gingivitis, burning sensation in the mouth or throat, periodontal infection, oral galvanism (electrical currents and voltages inside the mouth).

EARS:

Dizziness, ringing in the ears.

EYES:

Glaucoma, restricted or dim vision.

GASTRO-INTESTINAL:

Constipation, diarrhea, cramps, leaky gut, yeast disorders, food sensitivities, indigestion, mal-absorption, colitis (inflamed, bleeding colon), Crohn's disease.

IMMUNE FUNCTION, AUTO-IMMUNE DISORDERS: HOW??

Mercury overexcites the humoral immune system (the B-cells) even while it suppresses cellular immunity (involving T-cells). Mercury overly activates the microglia (immune cells) in the brain, causing more free radical damage and release of two damaging excito-toxins, glutamate and quinolinic acid.

Weakens cellular immunity increasing vulnerability to anything - colds, flu, Lyme's disease and other infections. Bacterial, viral, fungal and mycobacterial infections, aggressive and invasive yeast colonies and biofilms as well as bacterial infections are more difficult to overcome due to the suppressive effects of mercury and the other toxic metals – tin, copper, silver, zinc, nickel, chromium, palladium and cadmium – that are used in dentistry.

Periodontal infection is linked to the presence of amalgam by many studies. Allergies, eczema. Illness such as cancer, multiple sclerosis, ALS (Lou Gehrig's Disease), lupus, rheumatoid arthritis, scleroderma, hypothyroidism, Hashimoto's disease, hypothyroidism, Grave's disease, and other auto-immune disorders.

CARDIOVASCULAR/BLOOD:

Causing red blood cells to clump or stick together, causes abnormality in white blood cell counts (too high or too low), sluggish lymph flow making lymph vessels clog. Irregular heartbeat, heart palpitations, rapid heartbeat, feeble or irregular pulse; high or irregular blood pressure; pain or pressure in the chest, cholesterol damage and triglycerides. Idiopathic myocarditis.

ENDOCRINE:

Mercury from amalgams easily concentrates in the hypothalamus and the pituitary, resulting in mood disorders and depression and disruptions of the entire endocrine system; adrenal function adversely affect, depletion of vitamin C in the adrenals; and the ovaries, resulting in stress responses and infertility problems; low thyroid function (hypothyroidism) – cold hands and feet, subnormal body temperature, weight gain, obesity, sluggish metabolism, slower intellect, depression, loss of libido.

Hyperthyroidism and Grave's disease are also possible. [Fluoride](#) also harms thyroid function and other endocrine function.

REPRODUCTIVE:

Disorders caused by mercury include all hormonal disruption leading in turn to the gut not able to service any system well - and especially not in the fostering of great genetic material as this epigenetic change is anti life.

Lack of sperm mobility, toxic sperm, endometriosis (an auto-immune disorder), PMS, infertility, miscarriages, cleft palate and other birth defects, loss of libido (sex drive), poor sexual performance.

Please do not expect the body to soldier on – it is breaking down - all the while the medical fraternity find more interesting ways to create ever more drama.

Supplements can only work – when the nutrient pathways are intact – as they cannot be with mercury on board – and hidden after amalgams are taken out – it still lurks.

Declutter – take out what is not supposed to be there.
No amount of mercury - or aluminum is 'safe' within us

Reset – turn all off to allow healing

Restore – back to 'factory' settings – or allow body to settle into its new normal.

See all that I have here as this has been the way out of drama for myself and my family - and so many people who have taken my advice.

Please ignore any one who says 'we do not know' –and find out instead what is so easily available - even reading the package inserts for vaccines - it is NOT hidden. See [more here ..](#) Please – get it out and put no more in ..