**CASE HiSTORY – Carol – this is not a ‘case history - we lived through her shifting - thus as we aired it. From my memory**

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| **PROBLEM** | **AGE** | **WHAT HAPPENED?** | **NEXT?** |
| Mother died | 2 years old | Major issues incl father killing her aunt (& getting away with it)  | **(She signed up for this)****No judgement please** |
| Father starts raping her - nightly | 2 years old | Belly protruding and no one cared – screaming all night. Neighbours stayed silent. All did | He saw her as his property – to do with as he liked – and did. |
| Went to live with aunt  | 3 yo – 1 year? | Happy – knew love - and was safe. Started calling her aunt ‘mummy’. | Father jealous - took her back and all started up again. |
| ‘House keepers’/step mothers | 3 onwards | Succession of - mostly extremely disrespectful | **HOW DID SHE COPE??** |
| Smashed against corner of a wall | 4 years old | Broke her sternum. Had a lump of bone protruding Was told she would kill her: she said: “I don’t care’.  | One of many ‘housekeepers’ |
| Brother very difficult/ hateful | All life | He was forceps damaged at birth/’backwards’ & was her ‘responsibility all his life - now dead | As her major constant - life trauma – finally died Dec 2019 |
| Step mother | 9 | Did not complete choke her to death | No one noticed/listened to her |
| Nasty boy nearly tore her left nipple off. Gleefully. | ??9-10 | Eventually had that breast off due to cancer. | Did not do chemo - more to this story – yet to be uncovered |
|  |  | **BLOCKED OUT ALL OF THE EARLIER LIFE** |  |
| Periods started | 12/13 | Horrendous pain and ++Bleeding almost all month |  |
| Brother v bad motor bike acc.  | 9ish . . | He showed her his helmet - full of blood | He- VVV bad headaches |
| This favourite brother suicided. | 14 | No words . .  |  |
| Started sex with boyfriend - | 16 – 19 virgin  | When had sex -could not feel anything – nothing. | This was not investigated. |
| Pregnant | 19 years old | Hospitalised - toxaemia and BED REST | Heart problems discovered |
| Birth | 19 | Protracted – eventually needed to be cut open vaginally. Dr swore at her - all the while fixing the mess - then called social services. She knew what must have caused this mess. | Could feel sex finally and all easier for husband . . . |
| Went on pill | After this | Wonderful  | No massive bleeds or pain |
| 2 more children  |  | Easier but still very difficult. |  |
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**CASE HERSTORY– HOW DID SHE COPE?**

**Add into the above . . . how she handled this. This is like a novel**

**Spirit world is her refuge – not religious - spiritualist/Rosicrusian??**

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| Daughter after 2 sons – 1 forceps damaged/always abusive. Mum dies after ? hosp | 2 years old – polio died in iron lung |  |  |
| Father murders great aunt to afford to bury his wife family heirloom | Same – Aunt Leila featuresAll through |  |  |
| Constant sustained sexual abuse | From 2 yo |  |  |
| Eventually showed herself as an adult whilst he was raping | Just 3? | He was too scared - packed her off to his sister -till she was being called ‘mummy’ – got jealous |  |
| Must have  |  |  |  |
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What to do/options /What I did

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| Calm presence |  |  |
| R St 24  |  |  |
| Bil Liv 2 |  |  |
| Chest gouge – started gentle |  |  |
| R TH 5, Co 11 |  |  |
| Talking . . . talking . . .talking |  |  |
| Aura Soma |  |  |
| Copal oil |  |  |
| Talking . . . talking . . .talking |  |  |
| Copal smoke clearing |  |  |
| (Very cold hands so no belly work 1st) |  |  |
| St 25, Cv 6 (all adhesions - internal damage) |  |  |
| Back playing up – needles out |  |  |
| Got to sitting eventually: much screaming |  |  |
| Across bra strap not SLQR yet |  |  |
| Butt massage/v sore RHS (opp to ‘problem) |  |  |
| Chest gouge,  |  |  |
| Korean hand points, Bob Duane for neck |  |  |
| More massage/gouging – more story |  |  |
| More vibrationals, no leg points - clothes |  |  |
| Lot of this then loo |  |  |
| Repeat prob – less severe – onto couch |  |  |
| Acc recall after poly vagal |  |  |
| Lymphatic lower drainage |  |  |
| Minor round and round |  |  |
| Ovarian whirlpools |  |  |
| Uterine rake |  |  |
| More lower lymphatic and chest gouge |  |  |
| Sitting up - more back, esp sacral and rump |  |  |
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