

Normal Gut Function

Body Disintegration

Immune System Breakdown

Constant infections, slow to heal.
Immune system corruption
Temperature control breakdown
Auto-immune activity
Allergies, anaphylaxis

Loss of body integrity

Flesh, tissues and organs
start to lose the battle with
gravity, all sagging,
stretching and becoming
flabby with poor tone, lustre
and strength.

Circulatory distress

Weakened walls of
blood vessels create
varicosities, leakage and
bleeding.

Tissue and organ collapse

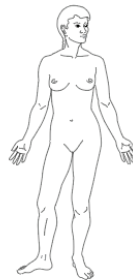
Prolapses, incontinence,
~ pelvic floor collapse,
haemorrhoids.

Bottom Dropping out of your world

Feelings of collapse, emptiness.
sensations of losing control,
incontinence, leakage,
life dripping away

Sexuality

Loss of feeling and
functionality
Inability to feel or desire
sexual intimacy and union



Bodily Decline

Digestive capacity diminished

(Thus immune system disruptions)
Leaky gut, dysbiosis, belly noises.
Poor pH, excess mucous issues
Allergies, food intolerances
Undigested food in stool,
Constant diarrhoea

Lymphatic system

becomes sluggish,
creating accumulations of
toxic wastes, swellings,
clogging defensive systems,
eventually cancer.

Menstruation

Blood may leak or
gush, especially
menstrually or
during pregnancy, sustained
flooding at any time, especially
pre-menopausal.

Mothering

Incomplete healing on all levels
leading to bonding and/or
lactation challenges.
Not enough of self to go around.

Reproductive failures

Loss of adequate circulation
and production in all aspects of
sperm and ovarian function.

Pregnancy

Constant heartache.
Threatened/actual
miscarriages/fetal & placental
insufficiencies, IUGR retardation,
premature delivery,
insufficient energy to
activate or complete birthing.

Spleen Yang Qi Integrity

Transformation/digestion

Moving all from one state to another
within your body.
Governs all digestive processing from
production of saliva, moving food finally into
Blood, Qi and body fluids, and out into urine
and food residue eventually into feces



Healthy State

Transportation/circulation

Moving all from one place to another
Controls all fluids or lymphatic movement
Circulates blood throughout the body

Governs ascension of Qi

The pure aspect of every stage
is moved upwards via Spleen Qi

Controls Qi in the muscles and limbs

Allows for a sense of "being able to"
(opposite of fatigue)

Holding all in the right place

Blood in vessels, fluids in cells, babies to full term and
organs and tissues where they should be.

Governs optimal production & circulation of Qi.
Holding all in place with righteous Qi

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