

Why is that baby breech?

Energy may be better/more comfy there.

Her BI channel may have challenges. When we resolve this, BI 67 will be totally unnecessary.

Something may be preventing bub from descending - and from being where s/he may wish to be. This needs correcting - not forcing.

Breech is after all a variation of normal – and may be the easiest way for this baby to come.

Or - could be just where it is easy to be.

Regardless of the gestational age - if and when bub is ready and can - s/he can move - I have seen it happen in overdue pregnancies - and Yvonne had a full term breech turn in 45 minutes IN LABOUR and be born naturally easily using Rebozo. So many cultures looked after their women - not worried them but actually made life possible. . as a mum afterwards – as she trusts her body and takes charge with nature at her helm.

What is Rebozo?

Central American shawl as the traditional midwives do - in labour to birth vaginally . .fine. . . Instead of trying to undo physically why baby is where it feels best – we could check out why the ‘unusual’ is happening?

Why would BI 67 even be indicated in these?

Surely we have more options?

Like understand what is happening - not be so reactive. . .

I remind us all that the body is not a bunch of switches to be turned on or off. .

When it does not though - and there are significant reasons

May want to sort out why bub is breech . . and work on that.

I do not find I need to force the issue with BI 67 in almost all cases.

Moxa sacral fan

AND

Please ensure she is sitting forwards and that you ONLY use the real moxa. Also you need to be hydrated and ideally have topical magnesium on hand to lather about - liberally.

Perhaps look here . .Vit D 3 is indicated in at least 10,000iu daily - but at this stage I would be going for 50,000 iu daily to get over the hump of no one having anything like enough. All I see happening when people do this is that nature and bonded births and maternity as she is to be - win!

BUT - First - undo why bub is presently breech - do not force it .

Then all is easy as - usually the birth is too.

I have had babies turn when totally engaged - either frank breech or ROA (Sunny Side up).

They can come out and reposition when you do all 'right' in sequence . .

Once head down - are they LOA? Is very simple . . We may need to settle back from the 'what point does what?' approach and be detectives

Why is baby in breech position?

As with anything - there may be not even acup solutions ..

As one of my patient' ob said after the event ..

Best breech to have is an undetected one.

She got to the hospital reception with baby bulging out of her shorts - and midwife took her straight in and said it was breech and the mum said 'what will we do?' and the midwife said - 'have the baby'.

Please watch – was this so hard?

<https://www.youtube.com/watch?v=nZOjMiec7DI>

Reason for beech (not exhaustive)

Baby may be safest there

1 – The internal environment is such that breech is the preferred spot – may be local (internal) geographical issues - including the placenta is in the way. (Placental placement)

2 - Too short a cord to manouvre (Cord issues)

2 (a) – A knot will become too tight and kill baby? (Has happened)

3 – Baby unsure of the whole trip and needs lots of reassurance - mum not being present - and may be when she has to stop and deal with this - other off spin - not a 'bad' thing.

Mum issues

4 – Mum has been icing her pubic bone and it is too cold 'down there'. (see here though please do not start cupping the navel first time in pregnancy - -and ALWAYS use a coin - large to stop essential Qi from escaping - perhaps at least watch the eLotus 'Rescue the Root' presentation I did a few years - ago on this)-

5 – Mum is depleted in Yang Qi – see above – and it is warmer closer to mum's heart – on all levels.

MORE PHYSICAL

6 – Ligaments too wound up – mum may not have enough Blood to circulate /irrigate well so there is substantial round ligament or other local problem – lack of ingredients and flows.

7 – Past sacral or coccygeal breaks means either structure is not conducive for easy opening for baby.

SEEN AS BEING 'SILLY' **and usually are the 'cause'**

8 – Mum too scared to birth and this is a great excuse to NOT birth

9 – Mum is not happy about some aspect of her life – see this as a gift to unlock it with her.

LEST WE FORGET . .

10 – Maternal scars blocking/redirecting normal local and distal circulation.

12 - Past birth or sexual trauma not allowing the opening process (what happened last time is in the way) may need clearing.

Soul Script – of anyone concerned.

12 – Anything else not covered.

including mum needs to learn something that can only happen when this scenario is presented. Or baby . .Or dad . .

Instead of trying to undo physically why baby is where it feels best – we could check out why the 'unusual' is happening?

My life experience – professional and maternal – and of having completed the full trainings in Arvigo and Mercier work, and as the author of the book ['What Dads Can Do'](#) and as a decades experienced maternal acupuncturist I have found that the majority - if not ALL problems in pregnancy (and then birth and beyond) are due to lack of adequate support. All levels.

The bio availability of nutrients needed is not guaranteed.

(See toxic mercury levels and [pre polluted](#))

The body's ability to circulate as it needs is compromised in all cases - and thus wit is no surprise that we get what we get – so easy yet so unlikely to be attend do whilst the medical we don't know'/watchful waiting applies.

QUESTIONS NOT USUALLY ASKED . . .

1 - How does Bl 67 work?

As the end point of the Bl channel, the Bl channel services/covers the entire back and all Tai Yang surfaces. All Bl meridians – not only the main one – are involved. Tendino muscular, separate and divergent and the three sets of Luo plus the division Tai Yang – involving all cold and wind penetration. This is the point where the kidney meridian is nominally connected also to the Bl channel. When we influence this point potentially the entire back surface is also. We could work differently.

2 - Has mum got lurking cold?

If there is any cold in mum (check blanching in the upper back) start there.

If she has a cool belly – any location – or bum, or cool hands and feet – or if she has any pale, purplish or tooth marks on her tongue – we start with increasing

how Yang Qi availability through taking the cold out. This simple step may lead you to profound shifts in all she has happening.

This itself may be the answer to potential placenta previa, later Sp Qi and Sp .Ki Yang Qi disruptions – take out what is not supposed to be there – and the ‘breech problem’ was a far greater solution and a touch of brilliance on the pregnancy’s part – as now she is under true health/holistic care.

Need to know [more about this?](#)

Check [out here](#)

NOTES. .

[Stuck Liver Qi Release](#)

(And providing a lot of topical magnesium whilst you are working with anyone)

Undoing any tension there initially may calm proceedings.

Starting with **Stuck Liver Qi Release**, anyone who feels any angst will feel relief. This translates into all structural, digestive and emotional woes.

PLUS the reconnection of Bao to Dai Mai can begin.

Settling mum to be into pelvic awareness - what is to happen – instead of it being aside issue.

Baby needs to get mum’s attention – become more conscious - so she actually IS expecting – not just ticking off a list of what to do – ‘have baby . .’

Need the cold out – so birth will be safe for both.

[Reset the Metabolism](#) course is the start of this. . .

(Part of the [Transformative Healing](#) package)



Is this so hard/scary?

