

6 - Sustaining/Retaining Pregnancy (b)

Sometimes what you expect does not happen.
Let us insure pregnancy and baby against loss.



Please review what makes a stable pregnancy – from Nature's viewpoint.

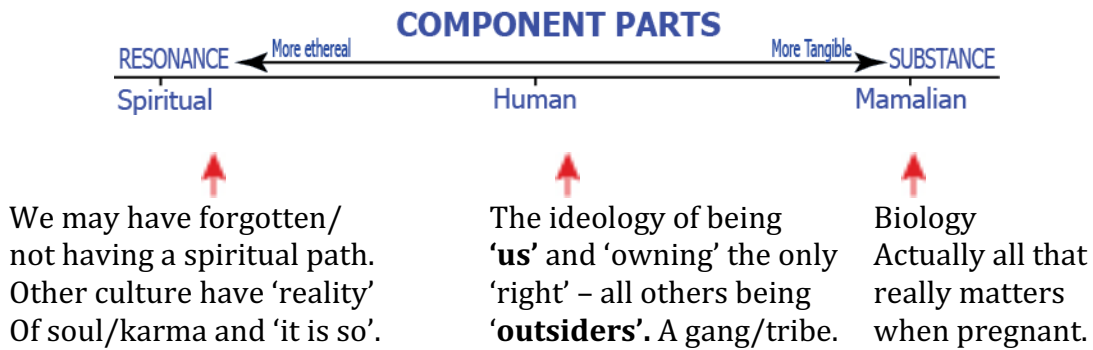
Survival of the fittest.

It is that simple

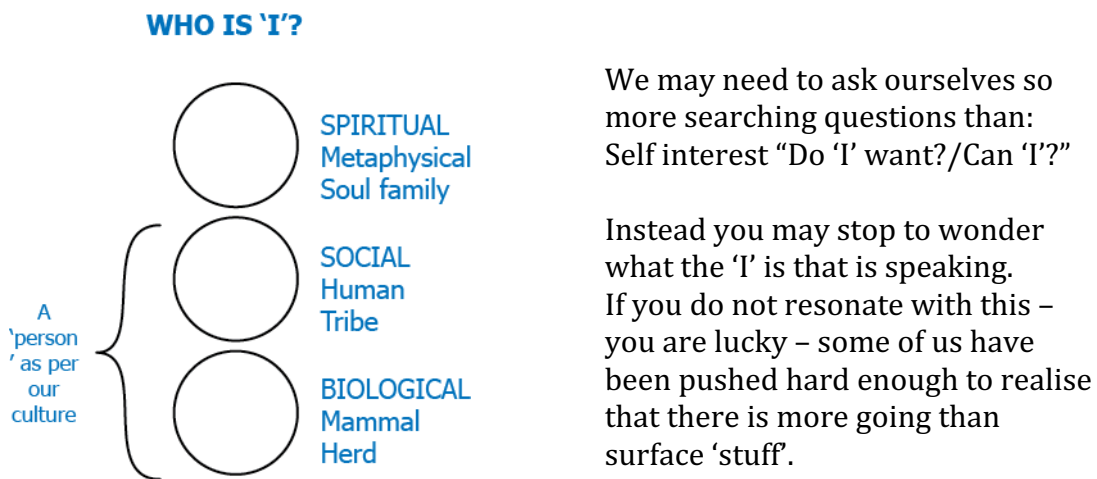
If you are in the process of wondering if you are one of the 1 in 4 who will lose an early pregnancy (I am sure this is now this is a lot more), or the 6 in Australia a day who experience a still birth – it may be too late now to rue the loss. All begins in great preparation. Like all gardeners/farmers – even house builders.

Should this pregnancy be lost, a time of renewal is called for. Both parents are needed. This body of work may start to make sense. To date you may have focused in the physical. Babies come from sex. (Hopefully) – on automatic – a life process. You may need to insure against further loss. Responsibility is with you – you can only construct a new house for a new being ONCE. Dive in deeper.

What IS a person?



If you are stuck and 'no one' knows why the baby failed . .The pregnancy and hopes and dreams are lots – you are stuck in that middle part. Seen differently:



This may segue into even wondering WHY you are having pregnancy happen – is biological – all I write as we are biological units designed to replicate – perfectly.

The human is the key - beliefs – and what and who says/does.
Left alone – you could do all of this – only 'dangerous' with no support – and biology is YOUR support. Not the current crop of those saying whatever to you.

Unless they are well versed in the womanly arts of supporting natural birthing and life. Their scope of practice' is life. Not death avoidance – those ones will take over if you are at all living in fear.

Not comfortable initially – but may help you 'make sense of'.



What next?

You may need to change how you think/be

You do want to know how to go forwards and multiply easily.

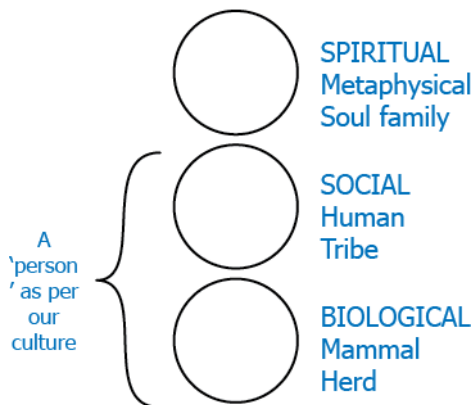
Reach out to someone who cares about you and your to be growing family.
Not medical, but someone who understands life and how to enhance it.

First – start with two very well happy humans – add sex – baby 9 months later.
What part is not working?

Fix it first . .

Find a helper whose scope of practice has to be natural and health and life orientated. This practically means that almost all modern medical dictates need throwing out as they belong to the ‘middle circle’ – ‘someone said’.

WHO IS 'I'?



Biology ...

Quality is NOT what will have happened last time – fix it. What is missing? Patience/time.

Great sperm is likely to be the partial cause of reproduction disorders. Sperm has to LOOK at least 90% normal and at least 300 million /ml of them.

Is very possible – sperm and menstrual cycles are report cards of how well the unit (dad-to-be) is traveling. Mum-to-be needs to be blooming with health FIRST – well before conception

Is what you are expected to do biologically sustainable - or even what your great grandmother would recognize? No? Don't do it. Fear driven – definitely don't do it. Survival of the fittest - and become that one so your children will be too.

Miscarriage and premature loss of a pregnancy and 'need 'to terminate as baby is 'incompatible with life' – [please download](#) ('Not Compatible With Life - the Diary of Keeping Daniel') – and premmie labour, incompetent cervix, failure to thrive as a fetus – and all the post term events – all stem from inadequate preparation.

Being hopeful, and 'Watchfully waiting' and following all that is NOT working/has not and repeating this over and over and

Not working with Nature is not maybe the way to win.

Start over. Review sections 1- 5.